



# LIL MUSCLE

ANTI BULLYING ASSEMBLY

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## #TRENDING: STOP! THINK ABOUT IT, BULLY FREE IS THE PLAYGROUND KEY!



Lil Muscle Experience is a assembly design to entertain educate & empower students on bullying, respect & character.

The program will motivate your students to make responsible choices. They will be encouraged to take responsibility for their actions consider others and keep their promise.

The Anti Bullying Assembly covers:

Whats is a bully?

How to stop a bully?

What to do if you see someone getting bullied?

How to handle name calling & teasing?

How to deal with common playground altercation.

### \* SHOW TIME

Each show will run for a duration of 45-60 minutes.

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The Lil Muscle Experience will provide equipment, microphone, table & everything necessary for a show.

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Show can be performed inside or outside.

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Only requirements are access to electricity and at least 20-25 feet to perform

